



SEDGWICK PLAZA  
A GRACE MGMT COMMUNITY

**Sedgwick Plaza**  
2455 North Woodlawn Blvd  
Wichita, KS 67220 | (316) 687-3741  
www.sedgwickplaza.com

# The Graceful Connection

**MAY 2025**



## Sedgwick Plaza Newsletter

Welcome, May 2025 a month bursting with meaning, gratitude, and joy! 🌸

As the flowers bloom, so do the reasons to celebrate. This month, we honor the nurturing hearts around us with Mother's Day 💖, salute the dedication and compassion of healthcare heroes during Nurses Week 🩺, and embrace vibrant culture and heritage with Cinco de Mayo 🎉.

May reminds us to slow down and appreciate life's little blessings — warm sunshine, shared stories, acts of kindness, and time spent with the ones who matter most.

Take a moment to celebrate, thank, and connect. May holds so much good — let's make the most of it.

Wishing you a joyful and meaningful May!

## Sedgwick Plaza Events

## Dates & Times



Cinco De Mayo 2pm 5/1  
Paranormal Day 5/3 3pm  
Social Committee 5/5 130pm  
Music with Mike & Michelle 5/6 3pm  
Graceful Giving 5/8 1030am  
Painting Class with Mindy 5/8 3pm  
Mother's Day Celebration 5/9 3pm  
Hand Massages with Legacy 5/13  
3pm  
Zoo Visit 5/15 1pm  
Music with Michelle S 5/20 3pm  
Wine Wednesday with Total Wound  
Care 5/21 3pm  
Planting Group Project wit Tree of  
Life Care 5/23 3pm  
Resident Memorial 5/27 2pm  
Ice Cream Social 5/30 3pm

## BIRTHDAYS

John V. - 5th  
Frieda D. - 13th

Donald "Don" B. - 23rd  
Inge K. - 25th

Patricia "Pat" L. - 29th



# C R A F T S

Painting Class with Mindy 3pm 5/8

Lady Bug Rock Painting 5/10 3PM

Crafting with Michelle 5/16 330pm

Wooden Flower Art 5/22 2pm

Spring Butterfly Art 5/27 3pm

Fleece Pillow 5/28 3pm

Making Cards for Friends 5/31 3pm

# S P R I N G

May is a month full of movement, mystery, and meaningful moments! We'll start strong with National Fitness Day on May 3rd, so look out for fun ways to get active, stretch, and celebrate the joy of movement together. Throughout the month, we're also celebrating Mystery Month, so don't be surprised if you find secret clues, surprise guests, or a few puzzling twists in your favorite activities. We'll also take time to honor some very special people with our Mother's Day celebrations. Whether you're a mother, celebrating a mother, or cherishing the memory of one, it's a time to feel and share the love. And as May winds down, we'll pause for Memorial Day to reflect on and remember the brave individuals who served our country. From festive to reflective, this month is full of opportunities to connect, celebrate, and enjoy all the little surprises along the way.

## NEW RESIDENTS

Shirley Hobson  
Leo Zeisch

Jerry & Tanya  
Sharon Jackson

Leighann Kokol



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### MEET OUR TEAM

Samantha Simmons - Executive Director  
Tina Nguyen - Business Office Manager  
Tessa Lohrmeyer - Wellness Director  
Dmitriy Kiselev - Maintenance Director  
Lawonder Markham - Life Enrichment  
Director

Carli Birmingham - Sales and Marketing  
Director  
Crystal Johnson - Housekeeping  
Supervisor  
Dining Service Director - Brent Blue

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