



The Graceful Connection

OCTOBER 2024



Sedgwick Plaza Newsletter

🍂 Hello, October! 🍂

As we embrace the crisp autumn air and the vibrant hues of fall, there's so much to look forward to this month! Here's what's happening:

🎃 Spooktacular Events

Get ready for Halloween! Join us for our Magic Show with Glenda & Mike

Join us for our annual Door Decorating Contest on October 28th. Prizes for the best door. Community October Fest.

Mark your calendars for the Festival on October 22nd. Enjoy delicious seasonal food Beer & Brats. Bring your friends and family for a day of fun!

🌟 Opportunities

Looking to give back and help those in need? By us being a pet friendly community we are collecting items for the Kansas Humane Society , gathering items for the Ronald McDonald house for families in need, donating food for the Children First Food Pantry. If you need further information please contact you Life Enrichment Team.

Sedgwick Plaza Events

Dates & Times



TBH Programs



- 10/2 - Visit From the Great Plains Nature Center 3pm
- 10/4 - Lunch Brunch to the Huff & Horn Steak House 10:30am
- 10/7 - Goodwill Stop & Shop 10am
- 10/8 - Music from B - Side 2pm
- 10/9 - Total Brain Health Class 7 2pm
- 10/14 - Fall Prevention with Faith Home Health 1pm
- 10/15 - Health Talk with Providence 2pm
- 10/18 - Lunch Brunch to the Copper Oven Café 1030am
- 10/21 - Park City Casino 1045am
- 10/22 - Celebrating October Fest 4pm
- 10/24 - Magic Show with Glenda & Mike 6pm
- 10/25 - Good Neighbor Happy Hour
- 10/29 - Celebrating Bob Ross Day 2pm

Don't forget to decorate your doors!

BIRTHDAYS

Nancy S - 1st
Lucy H - 9th
Sadie B - 12th
Michael F. - 15th

Sue "Sue K" K. - 19th
Wanda H. - 23rd
Bobbie C. - 30th
Tamela G. - 30th

Oscar S - 31st
Susan A. - 31st

B L U R B

Tina Nguyen- BOM- "If you have a past due account or see discrepancies, please schedule an appointment with me."

Dining Service - We Like to introduce and welcome Brent Blue as the new Dining Service Director

Carli - Join Carli for the good neighbor happy hour every 4th Friday of the month @ 3pm

N E W S

October is here, bringing a focus on health, staying active, fall flavors, and of course, a hauntingly good time. This month, our community is honoring two important observances: Breast Cancer Awareness Month and Active Aging Week. From October 6th to 12th, we're celebrating Active Aging Week, emphasizing the importance of living an active, healthy lifestyle at any age. We have an exciting lineup of activities designed to keep us moving and engaged, including our normal group exercise classes and more! This week is all about trying something new and having fun while promoting physical, mental, and social well-being. You may see a lot of pink this month as we mark Breast Cancer Awareness month and support efforts in early detection. In addition to these important observances, this month also brings a whole bunch of spooky silly fun with Bat Awareness Month, Apple Month, I Love Lucy Day, Bob Ross Day, and of course, Halloween. Don't be afraid to join in the fun!

NEW RESIDENTS

Steven Maxwell
Charlotte Garner

Inge Krueger
Tom Borg

Dick Duffy
Sandi Johnson



SEDGWICK PLAZA
A GRACE MGMT COMMUNITY



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MEET OUR TEAM

Samantha Simmons - Executive Director
Tina Nguyen - Business Office Manager
Tessa Lohrmeyer - Wellness Director
Dmitriy Kiselev - Maintenance Director
Lawonder Markham - Life Enrichment
Director

Carli Birmingham - Sales and Marketing
Director
Crystal Johnson - Housekeeping
Supervisor
Dining Service Director - Brent Blue

Sedgwick Plaza

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