

# The Graceful Connection

### April 2024



### **Sedgwick Plaza Newsletter**

April is here and there are some fun things that we are going to do here at Sedgwick Plaza. Get ready to join in on the scavenger hunt and learn some things about Earth day and how it all came about. We will also be learning about poetry and even getting together as a group and learn how to create some poetry of our own, so in April we are going to have some fun crafts, some good music, and some wonderful sight to see. Please mark these fun events down on your calendar because you don't want to miss out on the fun.

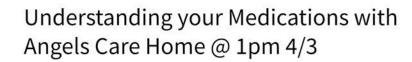
## Sedgwick Plaza Events

# **Community Dates & Times**



Paparazzi Jewelry with Rosie Knox 4/4 @ 2pm

Chit Chat and Root Beer Floats with Choice Hospice 4/3 @ 3pm



Total Brain Health Class 4/11 @ 2pm

A visit from Peach's Farm 4/16 @ 2pm

The Zoo to visit 4/18 @ 1pm

Poetry and Punch Social 4/26 @ 3pm

Therapy Chickens 4/30 @ 2pm





### **BIRTHDAYS**

John Hunt 13th Bill S 15th

Harry A 16th Connie C 26th Donald W 29th

CRAFTS

Crafting with Sarah is every Monday at 3pm Crafting with Michelle 4/12 at 3pm Painting Birdhouse Craft 4/17 3pm Dream Catcher Craft 4/11 at 3pm

N E W S April is a month of fresh starts and bright beginnings as Spring has sprung! As we soak up that early sunshine, there is so much we can do this month from getting in the garden, learning about poetry and jazz, or giving back to the community. This month we have two important Featured Celebrations - National Volunteer Month and Earth Day on April 22nd. We hope to honor the volunteers who give their time and talent to us here at the community by sharing our thanks and appreciation. Similarly, we also want to renew our Graceful Giving opportunities for our residents and families to have a chance to volunteer their time and talent to worthy community-wide causes. If you have a worthy cause to share, please see your Life Enrichment Director! Earth Day is celebrated on April 22nd and has been honored for over 50 years now to remind us to care for and conserve our plant. This year's theme is Plant vs. Plastics to bring attention to the health risks of plastic pollution to our planet and us! Learn from your Life Enrichment team about how you can observe Earth Day here in the community.

### **NEW RESIDENTS**

Bob Hetrick Ken Probus Becky Carmichael Sue Lane Phyliss Gridley Wilma Crisp

Mildred Heiley Gary & Sandra Ford





# **MEET OUR TEAM**

Danielle Jeffries - Executive Director
Meshell Boydston - Business Office
Manager
Samantha Simmons -Wellness Director
Dimitriy Kiselev - Maintenance Director
Lawonder Markham - Life Enrichment

Director
Carli Birmingham - Sales and Marketing
Director
Crystal Johnson - Housekeeping
Supervisor
Dining Service Director - Ricardo Ruiz